

Online Network

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Name: Moon, Robert ()

Email:

***School or Business Name:** Artist, Courtenay, BC,

**Business/
Personal/School
Website (url):**

Current Grade:

Accomplishments in my life: I have a piece in the Museum of Modern Art in New York.
Having piece in major museums—can't get better than that.
People have reactions to your work
They like it

Inner world:

We make the wine of our lives from the first 6 or 7 years of our grapes.
Coming to terms with the first 6 or 7 years.

First traumatic experience.. sometimes it takes years and years to come to terms with it.

In my late 40's I came back to the level of confidence that I had when I was 5

Most people have not had a lot of trauma in their lives. I don't envy those people By dealing with those things our lives are enriched.

I don't understand music.. I listen to it constantly.

The more you listen, the more you hear.

In visual art. The more you look, the more you see. The more you see and hear the richer your life is.

You may listen but can you hear.?

Challenges in school/work/life:

In art school, you must be open to see.

If you're open you'll see the good and the bad. You need to see the bad if you're going to see the good. Looking at the bad things and not being judgmental or rejecting is challenge but worthwhile

Here's an insight that that hyped me to take on new challenges: to master just about any discipline, including being a doctor, .takes about 10 years. If you devote your life to any challenge or discipline for 10 yrs , you'll master it.

Often writers have to work for 20 yrs

It makes the difference between mastery and recognition

Living a rich life... Listen and listen, look and look and you'll be rewarded. It's harder for people in the Arts away from large urban settings: In the urban areas there's more stimulation, support,

Interests: Visual art
Music
Cycling is a passion: I pedaled to the Queen Charlottes, Went to Well's Gray park
Canoeing:
Theatre – a patron, set designer, special effects for theatre and movies
Literature: reading
History

Interesting Course or Subject I have taken: The Crisis line workshops: If I had taken those when I was a young man my life would be totally different. I learned so much from that.

Interesting Course or Subject I have taken: Teaching my own art classes. It was good for me. No matter who walked in the door, it was my duty to give me the best I had. I was obligated to give them the best I had.

You set your own ego aside, in favour of someone else.

If I had a month to do anything I wanted I would: What I do right now:

What do I want to be doing 5 years from now: My next stage of life is like Captain Nemo and reject solid ground in favour of nautical life. Taking trips to other places.

Question 1: Is this how I really feel?

Or is this something that has been culturally placed on me. I try to act on that So much is placed on the thinking process. I'm inclined to think we live in our emotions.

When I see the others' absence of emotions, I think it takes away from the richness of their lives.

Depression is absence of feeling. That makes it feel dark. Compassion for others feelings fills you with warmth. It makes life worth living , by feeling these things. Why am I so stupid?

I ask myself this at least twice a day. It's more out of amazement. I have made some pretty dumb moves.

If you choose the road less traveled you're bound to make some mistakes. What do I feel about what I'm doing?

Here's an example of art:

If you're suddenly prone to rearrange your room

Where would it look best?

Question 2: Why am I so stupid?

I ask myself this at least twice a day. It's more out of amazement. I have made some pretty dumb moves.

Question 3:

If you choose the road less traveled you're bound to make some mistakes. What do I feel about what I'm doing?

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Comments: Guest Themes:

Even though you might get hurt, your life will be richer if you can stay open

hearted.

- then you can open up to the good things

Richer life

- the Greeks were obsessed with the question of what is a rich or good life..

A life with depth and richness, with nuances and subtlety.

- Have enough money but not too much

My family says You get so emotional about these things. I say, ' isn't it great?'

Change: revitalizing. It's difficult to leave yourself open to it.

Mastering an idea or skill

Finding your place.

10 yrs.. If you can stick with it , its' going to work. Society will recognize it.

Society is set up so there's a place for us. It needs you. There's a room for you to find it. We're social beings. We need each other. Robert Moon has been active in many aspects of the arts throughout his life. Whether supervising special effects for the movies, teaching art classes and his own art. One of his piece is in the Museum of Modern Art in New York. In addition to his art he plays an active part in helping others in his community. His work with the Crisis Line is one of his life highlights. He has helpful tips for mastering any area of interest in one's life

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